

## Essay on Reading is a Good Habit :

The habit of reading is one of the best qualities that one can possess. Reading is a good habit that an individual should have, and can also become a kind of motivation that works wonders when it comes to relaxing. Reading keeps your mind active strong and healthy, a person will never feel bored if he/ she develops good reading. It should be a fine routine, that every individual in their life has to build up. Reading a good book can enlighten your life, modernize yourself, revolutionize your perception of thinking, and lead a person to the right path. Books will be your best friends if you spend quality time reading an accurate book. They will be no other greatest companion other than a good book.

Reading is vital because it is superior to the whole happiness of an individual. If reading is made a way of life, you get to the occurrence of entire up-to-the-minute changes in the planet. Reading is a process that gets into our body and mind, if a person starts reading and continues it regularly, ultimately gets addicted to it.

Reading improves a person's language skills and terminology, attentiveness towards a specific progression is enhanced. It diminishes stress and fretfulness in a person, as it is a course of action that needs a diplomatic environment, the person relaxes. Reading a book at least for a few hours a day can be a great exercise for the brain. Reading is a good habit that we can promote from our early days. Reading not just help our progress in academics, the benefits of reading do not just end up in the educational field. Reading can be built up for our entire life.

Why is Reading a Good Habit?

"A little reading is all the therapy a person needs sometimes"

Reading improves the all-over knowledge of a person, without no any limitations. Books are the resources of information, they are all means of assert to acquire knowledge and attain progress. The absolute information over the essential topic can be acquired depth below and the whole knowledge is derived from reading a book. Every time we read, always learn new things.

People who read books are intelligent compared to people who do not poses the habit. They are ingenious and pioneering as they have awareness over contradictory focus and are also superior at language skills.

Reading is not just about academic progress, it is relatable to all the fiction and true-life prospect. Reading books enable us to build a good quality of relationship with others. It widens compassion in a person through the fiction kind of books, the reader turns out to be the character in the story and understands and expresses sympathy with the other characters.

Reading a book not just perks up the knowledge of a person, they also help in the lead a life on precise track.

Reading a book persuades people to innovate new things, and people be audacious to get involved in any type of situation. Reading also brings out the writing skills of a person to the limelight. The art of writing and using appropriate words gives pleasure to them.

A good reader will always be ready to take impromptu seminars and lectures.

The books stimulate you when you are low. The constant worry levels are brought down when a person is in anxiety. Autobiographies of great personalities set examples for hard work, dedication and determination can achieve success.

Conclusion: "Reading is the gateway skill that makes all other learning possible". The pleasure of reading can only be experienced by reading itself, it can't be expressed or demonstrated by no one.

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